How are you currently feeling? A B C D



(loachim, 2013)



(Becker, 2014)



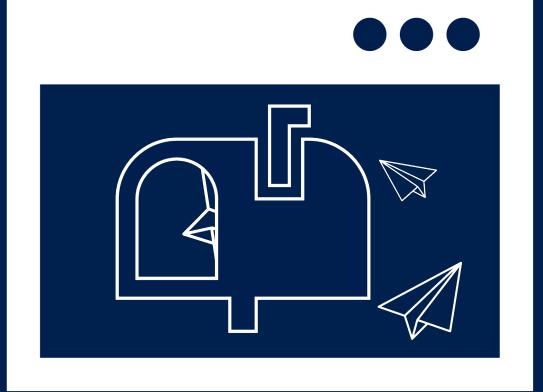




(Nowicki, 2015)

Use the annotation tool to circle one of the letters above, or type a letter into the chat





Email Management and Communication

Systems and Strategies

Kaushar Mahetaji kaushar.mahetaji@mail.utoronto.ca PhD Student University of Toronto September 13th, 2022

Significance

Emails have become a standard part of our professional and academic lives as well as social and work cultures to the point where...

"the average interaction worker spends an estimated **28 percent** of the work week managing e-mail" (Chui et al., 2012)



AGENDA



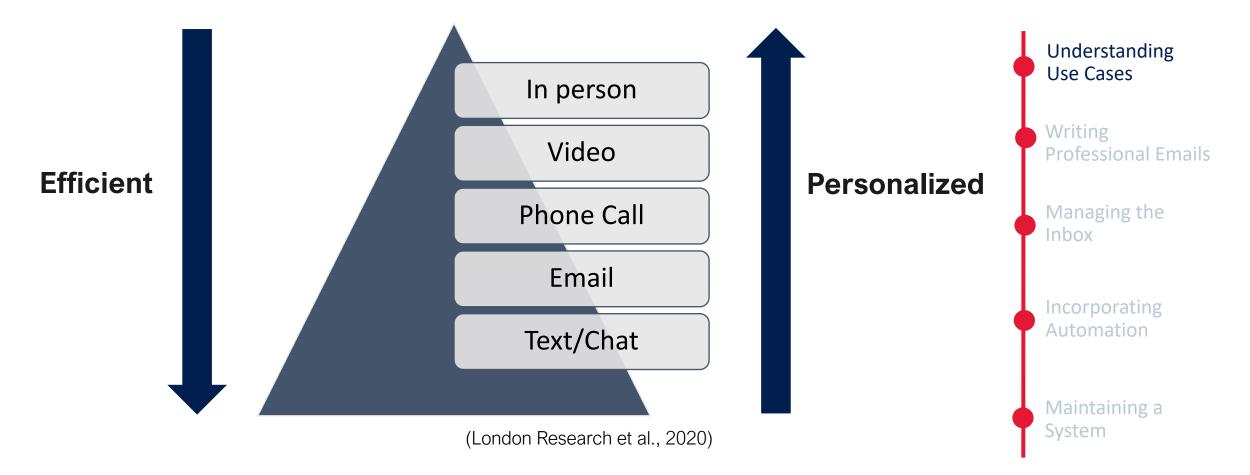


Determine whether an email is the appropriate method of communicating your message

Yes	Consider Other Methods	Understanding Use Cases
 Message includes an attachment Message is not time sensitive A 'paper' trail is needed Recipient is not available through other methods of communication Recipient is in a different time zone 	 Message is complex and needs more context Message requires an immediate response from the recipient Message requires that the recipient understand tone Message will likely produce several back-and-forth responses/not actionable 	 Writing Professional Emails Managing the Inbox Incorporating Automation Maintaining a System



Determine whether other methods of communication are more appropriate

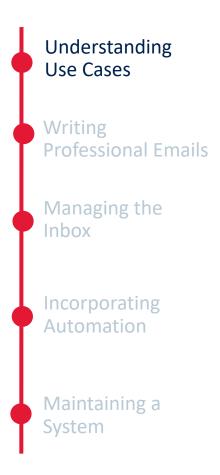




Note that emails can vary in urgency, expectation, and purpose

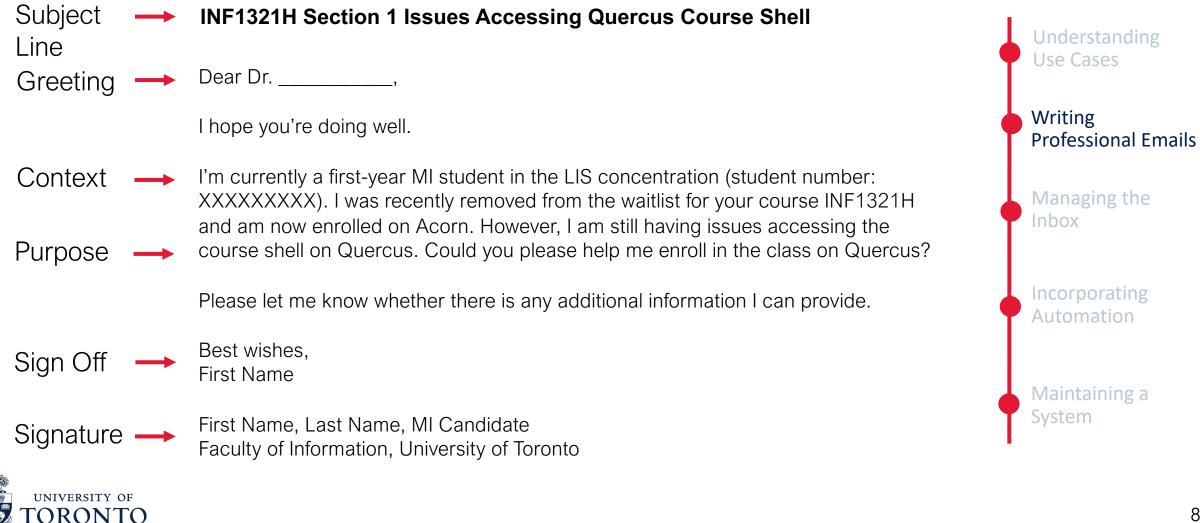
There are several kinds of emails—recognizing the different types can help organize messages and the inbox:

- Meeting and task requests
- Status updates—ongoing project work
- Confirmation—notification, invoice, receipt
- Informational—LISTSERV/newsletters
- Promotional—survey requests, ads, subscriptions





Become familiar with the conventions associated with drafting professional emails to craft emails that are actionable, clear, and organized



Become familiar with the conventions associated with drafting professional emails to craft emails that are actionable, clear, and organized

Content

- Identify who you are (unless you have an established relationship)
- Clearly state purpose or intended outcome
- Give context as needed—can include references (hyperlinks)

Format

- Use paragraphs
- Be concise
- Use bullets and numbers
- Highlight important information (e.g., bold, underline)
- Understand the difference between CC and BCC, and when they're needed





Use Outlook features to support professional communication

Email Signature

Edit and choose signatures that will be automatically added to your email message.

Create and edit signatures

+ New signature



Unsend Messages

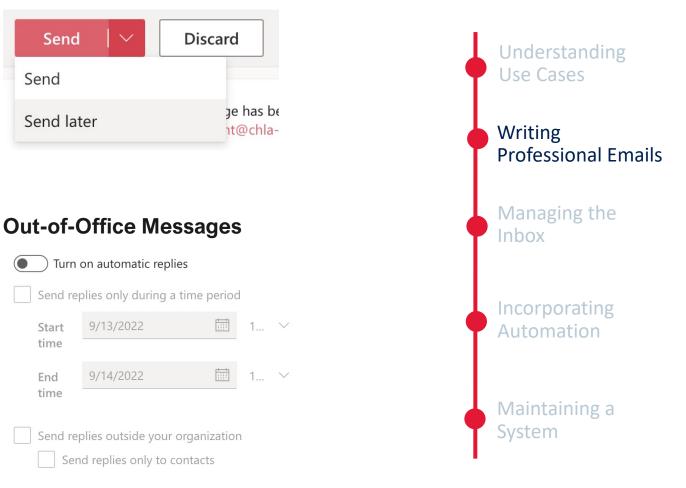
Messages can be canceled for up to 10 seconds. You can choose how long Outlook will wait to send your messages.

References:

How to make an <u>email signature</u> How to schedule <u>delayed messages</u> How to create <u>automatic out of office replies</u> How to unsend <u>sent messages</u>

O 10

Delayed Messages





DEMO

ACTIVITY

Create a professional email signature

Suggestions for Components:

Name

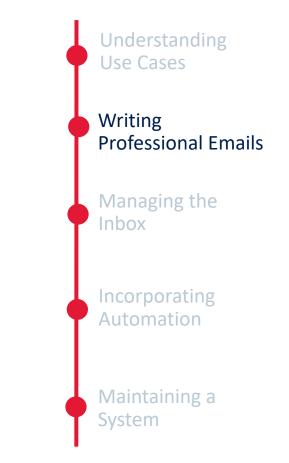
Pronouns

Degrees

Current Role

Affiliation

Name Pronunciation (<u>https://namedrop.io/</u>)







Send a delayed email asking for an extension for a work- or course-related project to your supervisor or instructor





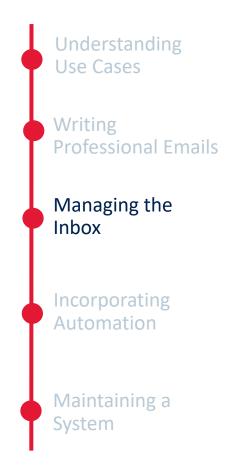


BREAK



Develop a system (e.g., Inbox Zero or similar approach) to manage emails

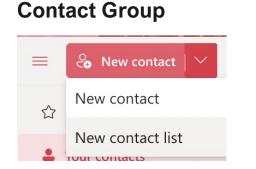
"The true inbox zero is the amount of your attention on your inbox when you should be doing something else" (Mann, 2020)





Use features, including contact group, customize actions, retention labels, categories, importance, and flags, to manage messages

DEMO



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Contact Group	Customize Actions		Retention Labels
🗮 😋 New contact 🖂 🗸	🔽 🖾 Mark as read or unread		1 Week Delete
New contact	🔽 🏱 Flag		1 Month Delete
☆ New contact list	Move to a folde	er	6 Month Delete
			1 Year Delete
	Categories	Importance	3 Year Delete
	+ Create category	High	5 Year Delete
References:	Blue category	✓ Normal	Never Delete
How to make <u>a contact group</u> How to customize actions		Low	 Use parent folder policy
How to apply <u>retention labels</u> How to use <u>categories</u> How to designate <u>importance</u> How to use <u>flags</u>			Flag Sat 21:59



System

Organize the inbox using folders, the focused inbox, and message preview

Folders

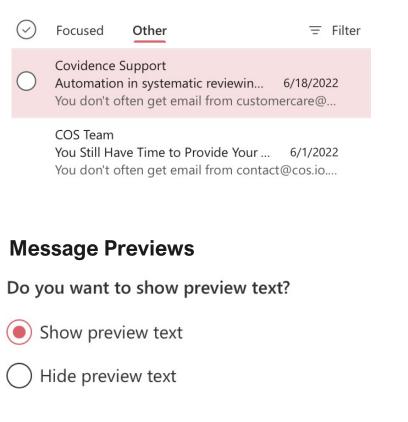
🕝 Junk Email 52 Archive Notes > 🗀 A.1 PhD Program > 🗋 A.2 Work > 🗋 A.3 Personal 🗋 A.4 Spam > C Archived 2021-2022

References:

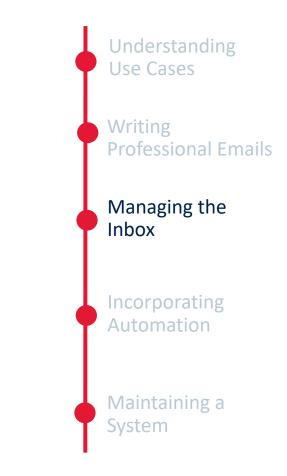
How to make folders How to develop a focused inbox How to use message previews

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Focused Inbox



DEMO

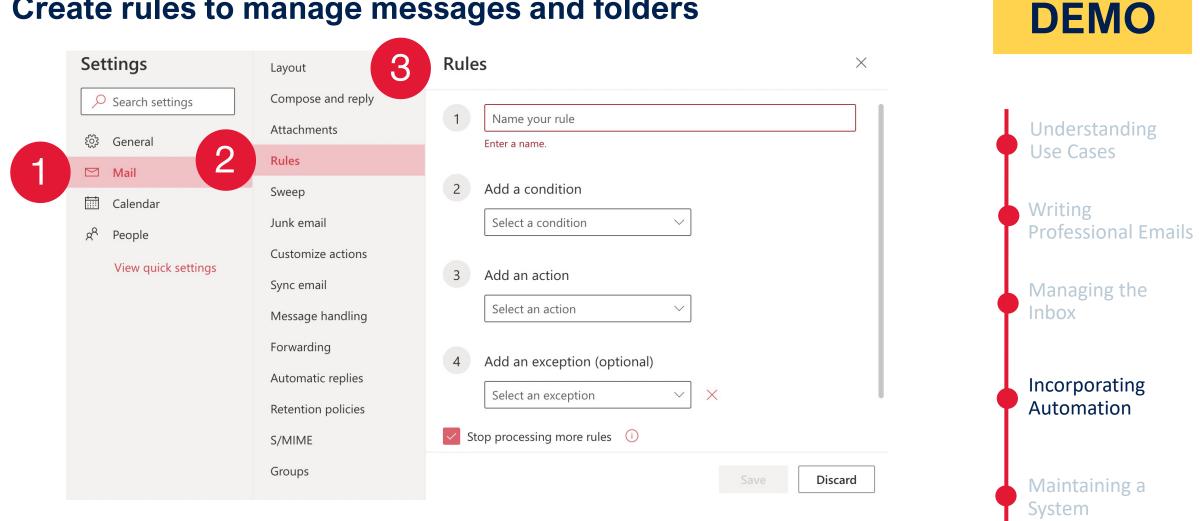


ACTIVITY

Create a filing system (a virtual 'filing cabinet') to manage your inbox using folders and subfolders as well as categories







Create rules to manage messages and folders

Reference: How to set up <u>rules in Outlook</u>



ACTIVITY

Create rules to...

- Apply a category to a specific recipient
- Move messages from a recipient to a specific folder
- Identify messages about a specific topic from the subject line and move them to a specific folder





Employ strategies to reduce email clutter and optimize your workflow

	0 6+ \ ➡
км	Thu 9/1/2022 17:15
DN	Thu 9/1/2022 10:11
км	Thu 9/1/2022 09:44
DN	₪ Thu 9/1/2022 09:10
KM	U Tue 8/30/2022 23:56

- Archive old emails/clean inbox
- Batch emails
- Respond in email chains
- Use the 2-minute rule





Thank you! Questions?



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